



RED OAK LEGACY SESSION GENERAL INFORMATION AND EQUIPMENT LIST

PROGRAM OVERVIEW

The Red Oak Legacy Session is for boys 11 to 15. During this program, campers will spend four weeks in camp. At the end of four weeks, there is a two-week out of state trip. Details about the trip will be communicated to parents electronically via the Red Oak Newsletter and at our Mom and Dad's night cook outs. Our program is designed to promote responsibility, self-sufficiency, teamwork, and environmentally sound practices, all while engaging in fun, safe, and challenging camp activities. Campers end the summer with a two-week out of state trip, where they demonstrate skills need to camp autonomously, including camp cooking and low impact camping.

CONTACT INFORMATION

David Roskos, Executive Director, oversees all camp programs (Red Oak, Red Barn, Chincapin, and other weekly programs). David Faulstich is Program Director and Director of our Residence Camp Programs and is the best contact for day-to-day camper information. David Faulstich is a certified Wilderness First Responder, a lifeguard, a certified watercraft instructor, and formerly trained as an EMS. David can be reached by email at redoak@redoakcamp.org, or by calling the Lodge or Director's cabin at 440-256-0511. Kandy Miller is our camp cook and can be reached at the lodge number as well.

ARRIVAL/DEPARTURE

Campers arrive Monday morning and return home on Friday for the weekend for the first four weeks. Arrive at camp Monday at 9 A.M. Be ready to leave at 4 P.M. on Friday. Please be on time with your son or group on Monday and please be on time Friday. We meet at the driveway circle by the Science Building. Meeting and departure times for the big trip will be communicated via camp meetings (Mom's and Dad's nights) and the camp newsletter.

If you are new to the Red Oak program and would like to tour the camps prior to the start date, please contact David Roskos, Executive Director, at 440-256-0716.

EQUIPMENT LIST:

4 pair long pants
6 T shirts. 3 should be Red Oak shirts
1 sweat shirt
light weight jacket (water repellent)
poncho or rain suit
heavy shirt - warm
swim suit
2 pair pajamas
pair of sturdy work shoes
2 pair tennis shoes
2 or 3 shorts
4 set underclothes
socks - 5 pair
2 sheets & blanket or light weight, washable
sleep bag
Sleeping bag for back pack trips

Blanket for cold nights
wash cloths and 2 or 3 OLD towels
pillow - and case
laundry bag
Water bottle
toiletries - tooth brush, paste, comb
No food of any kind
Softball baseball equipment
Fishing rod and tackle box
Books
Camera
No sheath knives
Tents and back pack, though equipment is provided by the camp.
Sun screen
Bug repellent

NO CELL PHONES OR ELECTRONIC GAMES

On Friday the dirty clothes, sheets, etc. are to be taken home to be washed and returned with camper on Monday.

MARK ALL ARTICLES, TENNIS RACKETS, UNDERWEAR, EVERYTHING!!!

REQUIRED FORMS

To participate in the Red Oak Program, you need to complete and submit the following forms:

- The Camp Enrollment Form (<http://redoakcamp.org/roallcampenroll2009.pdf>)
- The Statement of Activities (<http://redoakcamp.org/RedOakActivities.html>)
- The Camper Health History Forms
(http://redoakcamp.org/Camper_Health_History_Form.pdf)
- The Camper Health Care Recommendations
(http://redoakcamp.org/Camper_HealthCare_Recommendations.pdf)

PRESCRIPTION MEDICATIONS

If your camper takes daily prescription medication, please send the required amount in the original prescription container, sealed in a zip lock bag, with instructions signed by the parent. The Director will dispense medication as needed. All medication is locked in the Director's cabin.

SPECIAL DIETARY NEEDS

The camp health forms have sections to describe any food allergies or special dietary needs. In the past, Red Oak has been able to accommodate most special food requests. However, in addition to the health forms, please send a note to redoakcamp@redoakcamp.org if your camper has a special dietary need or food allergy. If we cannot accommodate all the needs of his diet, we may need to contact you to provide us the special foods that we will need to prepare and provide.

CAPS AND SHIRTS

Campers should have at least two Red Oak shirts. The Cap is optional. If your camper is new to Red Oak, and you do not fill out the caps and shirts order form, we will give your camper two shirts and bill you accordingly.

EMERGENCIES

In the event your camper is ill or injured, the Camp Director will contact you via the emergency numbers provided on the medical forms. If we cannot contact you within a reasonable period of time, as deemed necessary by the director depending on the nature of the illness or injury, we will contact the next person listed for contact on the medical form.

COMMUNICATION WITH YOUR CAMPER/HOMESICKNESS

No parental visits except for the special occasions listed on the camp calendar, such as Mom's or Dad's night. You can also send a note to your son via the camp email at redoak@redoakcamp.org, and we will print and distribute the message to your son. Please be sure to information that will encourage your son and not cause him to become homesick. To learn more about homesickness, visit http://www.acacamps.org/media_center/how_to_choose/homesickness.php.